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WELCOME TO LORETO EXTRA!

LORETO**EXTRA**

We know how important it is to give the right support, guidance and encouragement to you in your studies at College, that you can achieve your very best and enjoy your time with us. Loreto Extra is a series of additional ways that you can receive this help. The different options, where available, will form part of your compulsory College timetable and contribute towards the Guided Learning Hours that you are entitled to.

Loreto Extra is individually tailored to each student and will vary according to the subjects you are studying, the availability on your timetable, and the ways that we think you would benefit from any additional help. Loreto Extra can include some of the following elements:

- **Advanced Literacy and Numeracy Support**
- **Directed Study Period (DSP)**
- **Remote Study Period (RSP)**
- **Study Support Period (SSP)**
- **Enrichment**

We hope that you will embrace all the opportunities that Loreto offers to you. Remember that exceptional attendance, punctuality and full engagement in every aspect of your College timetable will help you to achieve your very best.

We wish you well for your studies this year!

Mrs Scholes and Mr Leach
Heads of Student Services

Advanced Literacy and Numeracy Support

These are small group lessons with a dedicated specialist teacher, designed to support students in developing helpful transferrable skills which will help you to make strong progress in your chosen subjects.

Directed Study Period (DSP)

You are allocated a place in one of the College Study Centres to complete homework, revision or assessed work.

This helps you to get into good study habits and to develop your independent work. Our dedicated Study Centre Team are on hand to offer advice on study techniques too!



LORETO EXTRA EXPLAINED

Remote Study Period (RSP)

A Remote Study Period is a live online lesson available in certain subjects. These lessons are delivered by subject teachers and include a range of activities and information designed to help boost students' skills, knowledge and confidence and support them to achieve the very best outcomes. Students are encouraged to attend an RSP via their devices from home, but where this isn't possible, students can use the College Study Centres and earphones will be provided. Attendance to an RSP lesson is compulsory and all students are expected to participate and engage to get the most from this support.

Study Support Period

The classes provide an additional period of teaching to help students develop skills and confidence in their chosen subjects. Spaces are limited in these sessions which are offered in the final half of Lower Sixth and across Upper Sixth in some subjects.



"Loreto has truly changed me as a student... The atmosphere is great and motivates me to want to do well and grasp every opportunity that is thrown at me."
Akira Edgson

ENRICHMENT@LORETO

The vision for Enrichment at Loreto, as guided by our founder and inspiration Mary Ward, is to provide a community where students feel able to enjoy an enriching and liberating education, which extends beyond the classroom.

Whether you are looking to share your talents and interests, develop your skills and meet new friends; there is an opportunity for you.

The College offers a broad range of enrichment options, including various Sports and Performing Arts choices, Debating, the Duke of Edinburgh Award, Coding Club, Environment Group, Justice and Peace Group, Media Production, and many, many more.

Some of these sessions form part of your weekly timetable and others run across lunchtimes or after College.



HOW IT WORKS....



ENRICHMENT SESSIONS form part of a student's timetable, and are added during enrolment. Wherever possible, we will try to ensure that your choice of Enrichment is included in your courses. Where this might not be possible, there are still a large range of enrichment groups, sessions and activities to enjoy which run in lunchtimes and after college. Look out for details about our **FRESHERS FAIR** in September to sign up!



No matter what your interests, there is an Enrichment for you....

- **GENERAL ENRICHMENT**
- **PERFORMING ARTS ENRICHMENT**
- **SPORTS ENRICHMENT**
- **DUKE OF EDINBURGH**

Click the above for more information

Use this guide to read about our wide range of enrichment activities available for you this year, and speak to your **COURSE ADVISOR AT ENROLMENT** to add them to your timetable.

LORETOEXTRA

GENERAL ENRICHMENT

ARTS & CULTURE

- Create a Space
- Carbon Literacy Project
- Creative Writing
- Fake News
- MANGA Appreciation Group
- MFL Film Club
- Mint Art Collective
- Reading Group
- TV Studies
- We Call The Shots

SCIENCE & TECHNOLOGY

- Coding Club
- Hire Power with UA92
- Future You with NCS and Edgehill
- MEDSOC (Medics, Dentists & Vets)
- Natural Science Society
- Road Users
- We Call The Shots


USE YOUR VOICE

- Environment Group
- Get into Teaching
- JPIC (Justice and Peace Group)
- Law Society
- Loreto Volunteers
- Maths Outreach
- Presentation and Public Speaking
- Speak Up
- Webster Project

COURSES

- Duke of Edinburgh
- CISI: Level 2 Fundamentals of Financial Services





PERFORMING ARTS ENRICHMENT

PERFORMING ARTS ENRICHMENT

- College Productions
 - Music @ Loreto
 - Dance Enrichment
 - LAMDA
- Theatre and Play Reading Club
 - Technical Theatre



SPORT ENRICHMENT

SPORTS ENRICHMENT

- Badminton Social
- Women's Basketball
 - Men's Basketball
 - Boxercise
- Circuit Training
 - Cricket
- Five-A-Side
 - Football
 - Handball
- Table Tennis
 - Resistance Bands/Kettle Bells
- Rugby
- Volleyball
- Women's Fitness
 - Yoga

One of the College's most popular enrichment activities is the **Duke of Edinburgh Award**. Loreto is the biggest sixth form provider for DofE in Greater Manchester. We are proud to provide our students with the opportunity to complete such a nationally recognised award.

What is the Duke of Edinburgh Award?

The Duke of Edinburgh (DofE) Award is a renowned and recognised award that aims to provide an enjoyable, challenging and rewarding programme of personal development for young people, which is the highest quality and the widest reach. It's more than just going on an expedition. You need to volunteer, do physical exercise and learn or improve a skill.

Students participating in the DofE programme have to demonstrate commitment, determination, reliability and above all, initiative.

Why do DofE?

- ✓ It's fun!
- ✓ Meet new people
- ✓ Experience the outdoors
- ✓ Well respected by employers
- ✓ Chance to learn a new skill
- ✓ Looks great on a personal statement

SILVER

Volunteering 6 months

Physical one section for 6 months, the

Skills other for 3 months

Direct entrants must do a further 6 months in the Volunteering, or the longer of the Physical or Skills sections.

Expedition 3 days 2 nights



GOLD

Volunteering 12 months

Physical one section for 12 months, the

Skills other for 6 months

Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.

Expedition 4 days 3 nights



Residential 5 days 4 nights

Next steps: The deadline for enrolment is close to the start of the year, start thinking over the Summer about your DofE journey...

Before September 9th, you need to...

- ✓ Decide on what you will do for your **physical section**, and find an **assessor**
- ✓ Decide on what you will do for your **volunteering section**, and find an **assessor**
- ✓ Decide on what you will do for your **skills section**, and find an **assessor**

Speak to your Course Advisor at Enrolment to Sign Up!

CISI Level 2 Fundamentals of Financial Services

Prepare for a career in finance, this recognised qualification provides an overview of the industry and is an important first step in developing the essential basic knowledge required for working in financial services. You will learn about the types of banking and commonly used financial products, such as shares, bonds and equities. It will provide you with an understanding of financial terminology and enable you to perform important calculations. You will successfully complete the course by sitting the CISI exam.

The course covers:

- Ethics and Integrity in Financial Services.
- An introduction to saving and borrowing.
- The difference between retail and commercial banking and explains the functions of each banking type and their customers.
- Equities and the reasons for issuing shares to finance a company, the capital gain and the risks involved in owning them.
- The two main issuers of bonds, the features and the associated advantages and disadvantages of bonds.
- How a stock exchange operates, the purpose of a stock exchange index and an understanding of global stock markets.
- Other areas of Financial Services including: Fund Management, Foreign Exchange, Insurance and Retirement Planning.

Entry requirements:

At least a grade 6 in GCSE Maths and English.

Speak to your Course Advisor to add to your timetable.

GENERAL ENRICHMENT ARTS & CULTURE

CREATE A SPACE

With inspiring art, craft and design based workshops, this enrichment offers students the opportunity to take a step back from the demands of college life and focus on finding mental space through 'making'.



In an increasingly screen-dominated digital world, allowing time to work with your hands and explore creative processes provides a chance to slow down, relax and nurture your mental health and well-being.



All levels of
ability and
experience
are welcome.

Carbon Literacy Project



Are you interested in:

- ✓ Understanding Climate Change
- ✓ Working to a Sustainable Future
- ✓ Have the opportunity to practice activism skills

Then the Carbon Literacy Project is for you!

CREATIVE WRITING

The Creative Writing group offers a space to all writers of poetry, short stories, novels or plays to come and meet others and gain confidence in their craft. If you enjoyed being able to write your own creative pieces in high school but aren't sure what kind of writer you are yet, we can help you find your voice!

Sessions might include tips and strategies for better writing, imaginative prompts and examples to inspire you, or workshops where students share work and give feedback to one another.

Throughout the course of the year, we hope to bring you face to face with published and award-winning authors and put you in touch with local, independent publishers.

We will also provide opportunities for you to submit your work to online journals and competitions. Most importantly, we hope to set you up to support one another and find a community of creative people here at Loreto.



GENERAL ENRICHMENT ARTS & CULTURE

FAKE NEWS

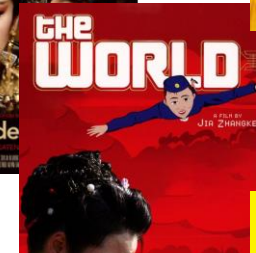
The #fakenews journalism group provides the perfect opportunity for Loreto students to produce their own non-fiction writing such as opinion pieces, and news articles exploring a range of social and cultural issues. In addition, it would allow students interested in either taking a journalism degree or pursuing a possible career in news media to develop a portfolio of their own writing.



The structure of the sessions would follow that of a real news team, with independent and collaborative writing taking place, hopefully resulting in the production of a number of online publications.

There will be opportunities to invite local journalists into college to provide advice and guidance.

So if journalism is something you already write or are keen to begin writing, join the #fakenews team!



**Watch
Critique
Discuss**



GENERAL ENRICHMENT ARTS & CULTURE

TV STUDIES

We live in a Golden Age of Television, and that should be celebrated.



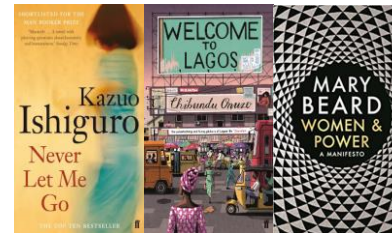
Join us as we explore whether ultimate power will always corrupt by watching The Boys, discuss the impact of social media whilst analysing an episode of Black Mirror and even contemplate if everyone is capable of being redeemed by watching The Good Place.

Come and find out what television is saying about the world of today.

BOOK CLUB

Do you enjoy reading – and want to share that interest with other like-minded people?

Perhaps you want to extend your knowledge about different genres, authors and cultures?



Do you want to read books suggested by students as well as staff?

If so, Book Club might be the place for you!

Everyone is welcome!



The **ART COLLECTIVE** is mainly aimed at art students who are considering further art-related study at H.E. You will come together as a group of artists to sell and promote your own work, and that of the collective.

This enrichment will introduce you to the concept of working collectively but also provide the opportunity to produce your own work that can be advertised or sold. It will include creating publications, products to sell and work to exhibit. You (as a group) will be responsible for the logistics involved. You will be assigned roles for specific tasks.

Involvement in the collective will provide insight into the working practices of an artist and will provide you with experiences that will be extremely valuable as you progress to H.E. or employment.

GENERAL ENRICHMENT ARTS & CULTURE

We Call the Shots is a scheme for young women who want to work in the creative industries in the future. The gender imbalance in the creative sector, including the television and film industry, is stubbornly high and women are under-represented in all aspects of the media and creative digital industries. We want to do something to try to redress the balance.



GET INVOLVED...

- 3 Media related projects
- Mentoring from industry speakers
- Awareness of women's issues in the creatives arts

If you are studying any subjects linked to the creative industries such as, Film Studies, Media Studies, English Literature/Language, Drama, Art etc. and want help building your confidence, applying for university or apprenticeship places, or even just want to meet other creative women with the same goals as you, come and join us at

We Call the Shots!

The scheme will consist of a weekly meeting and three creative industry related projects culminating in a professional portfolio and understanding of the workplace. We have a number of female guest speakers planned who are all working within the creative and digital sectors and are eager to share their knowledge and expertise with you.

ARTS AND CULTURE TIMETABLE

PERFORMING ARTS ENRICHMENTS

SPORT ENRICHMENTS

DUKE OF EDINBURGH

CISI: LVL 2 IN FINANCIAL SERVICES

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GENERAL ENRICHMENT SCIENCE & TECHNOLOGY

CODING CLUB

Want to see what you can do with Code?

Whether you're new to coding or are familiar with a programming language, there are many ways you can use code that you might not have tried yet.

At Coding Club we look at some of the more fun applications of technology.



Activities will include:

- building and programming robots,
- using microcontrollers to interact with the real world,
- make playable games.

Come try out the BBC Micro:bit, Raspberry Pi, Python, Javascript, Electronics, and more.



A unique opportunity to experience learning with UA92 and enjoy sessions across their 4 faculties: Business, Media, Sport and Digital. You will also have the chance to visit UA92 and experience their fantastic facilities and meet academics from across the disciplines. Sessions include:

- World of... Introductions to subject areas
 - Dragon's Den at UA92
 - UCAS and Personal Statement Workshop
- Student Finance and Money Matters
 - On Campus Visits

Get more from your time at college, with our Next Steps Module. Learn about unique Career opportunities, discover something new or gain advice from our dedicated team.



LORETO
LIFESKILLS

Learn to budget money, practice interview skills, how to excel in a group session, stand out and from the crowd and much much more!

HIRE POWER FUTURE YOU

Provided by NCS and GMYN learn first hand tips and tricks to support you after College. Think CV building, confidence boosting workshops, working as a team.. You name it!



LORETO
LIFESKILLS

Learn to budget money, practice interview skills, how to excel in a group session, stand out and interview and much much more!

Students will experience sessions designed to enhance Study Skills, research methods and teacher training workshops with one of the top Teacher Training universities in the country!



Edge Hill
University

- Gaining Work Experience Support
 - Interview Skills,
 - Study Skills
- Budgeting Workshop
- Crime Scene Workshop
 - On Campus Visits
- Teacher Training Workshops
- Personal Statements/Cover Letters
 - CV Support

LORETOEXTRA

MEDSOC

MEDSOC is an enrichment that we recommend for any students that are looking to apply for Medicine, Dentistry or Veterinary Sciences at University.

As these applications have a high demand on students during the first year of college in term, the aim of the programme is to provide as much support for these applications as we can. This support will take different formats and will include:

- **skill development**
- **research and presentation work**
- **reflective writing to support personal statements**
- **looking at current affairs and ethics**
- **talks from admissions teams at local medical, dental and veterinary schools**
- **insight from Loreto alumni that have gone on to study these courses**
- **preparation for both the potential admissions tests -UCAT and BMAT - along with interview-style questions**



GENERAL ENRICHMENT SCIENCE & TECHNOLOGY

NATURAL SCIENCE



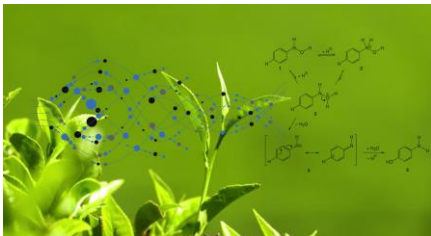
SOCIETY 22-23

Natural Science is the branch of science concerned with the description, understanding and prediction of natural phenomena.

In LNSS you'll carry out a range of fun and engaging research projects (both inside and outside of College) to learn more about the natural world. Many of these projects will focus on carrying out brand new science, the results of which will then be published.

This enrichment is ideal for anyone who aspires to study science at a top university or who has a genuine interest in the natural world.

Please note this enrichment is not suitable for students who want to study MDV degrees, please consider MEDSOC or join the MDVH mailing list.



ROAD USERS

MOCK TESTS

SAFE ROAD TRAINING

PREPARE FOR THE THEORY TEST

PRACTICAL THEORY TESTS AND SUPPORT

SCIENCE & TECHNOLOGY TIMETABLE

PERFORMING ARTS ENRICHMENTS

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DUKE OF EDINBURGH

CISI: LVL 2 IN FINANCIAL SERVICES

BACK TO TOP

ENVIRONMENT GROUP

Passionate about the Environment? Committed to Change? Take Action in the Local Community

The Loreto Environment Group are committed to ensuring we reduce our carbon footprint and inform our college of ways to reduce consumption and improve our climate.

- Work with College Management to affect change.
- Drive Understanding of climate issues.
- Be Active and Vocal!

Be part of Social Action in our community, volunteer and work to improve our world!

GET INTO TEACHING

Would you enjoy working with young people?

Does a career in education interest you?

Are you looking for a challenge?

We will give you an opportunity to develop the skills and experience involved in the education of young people. You will become equipped to effectively build a positive and productive relationship with young people and learn key skills in communication such as presentation skills, active listening and responding to body language along with organisation, planning, patience and empathy.

You will also get an insight into some of the different roles in schools. This will interest anyone who would want to explore careers in education or generally working with young people.

Sign up for weekly timetabled Loreto Extra session.

Contact on careersintoteaching@loreto.ac.uk

GENERAL ENRICHMENT USE YOUR VOICE



No one can do everything but together we can make a start.

Just as we as human beings exist in relationship to and with one another, the problems that our world faces (social, economic, ecological etc.) are intimately connected. For this reason our response must be comprehensive and consistent.

With a focus on combatting Poverty, raising awareness of Fairtrade, Modern Day Slavery and much more.

Join the JPIC Group today!



The Law Society aims to inspire and support students by providing exciting opportunities to meet like-minded individuals and improve their academic abilities and knowledge of the law.

There will be invited speakers throughout the year alongside a series of informal discussion groups, workshops and seminars as well as the Bar Mock Trial competition, where students will get the chance to take on the role of a barrister or a court official and go head-to-head against other schools to prosecute and defend criminal cases.



Stand out from the crowd with some volunteering experience!

Whether you are looking to join the medical, teaching, or caring professions, Volunteering is a key way to boost your application whilst allowing you the opportunity to enjoy giving back to the world!

- Practical support in securing volunteering in your sector of interest.
- Support with applications, letters or CVs.
- Dedicated time on your timetable to volunteer.
- Opportunities to volunteer in the local community.
- Opportunities to volunteer in College departments.
- Advice, support and guidance from College staff.
- Share ideas, work as a group, team up!

Great for DofE!

GENERAL ENRICHMENT USE YOUR VOICE

MATHS OUTREACH PROJECT



If you are interested in the idea of working with primary school students and helping them in Maths then the **MATHS OUTREACH PROJECT** is for you.



You get to have a rewarding teaching experience with primary school students. You can write about this project in your personal statement and can use the volunteer hours towards Duke of Edinburgh certificates.





*Finding your voice
through the spoken
word*

Do you want to develop your spoken skills? Convey ideas in a confident and convincing way? Become more comfortable with expressing yourself, in lessons and outside? Improve your memory rather than relying on written prompts? Take part in meaningful discussion and connect with others through active listening?

The Loreto spoken word group offers a safe and friendly environment to help students develop and showcase their spoken skills. Everybody is welcome, whether you count yourself as a 'shy' person or feel eager to share a message with the world! Students will be encouraged to think about effective and meaningful ways to communicate with others in a range of situations.

- Prestigious poetry recitation competition "Poetry by Heart".
- A new and exciting 'Video Essay Competition'
- Preparing Interview Skills
- Performance Poetry
- Insight from teachers and other professionals
- Evaluate speakers from variety of disciplines.



**PUBLIC SPEAKING
SKILLS**

GENERAL ENRICHMENT USE YOUR VOICE

**WEBSTER
PROJECT**

INTERESTED IN A FUTURE TEACHING CAREER?

Apply to join our Pathways to Teaching Project – our Webster Mentor Project with MMU and Year Five children on Wednesdays, for an hour a week.

Our project is an active partnership between Loreto College, Webster Primary School and MMU's Teacher Training Faculty. Loreto students mentor year three pupils at Webster to develop their creative writing, love of reading, Spanish and other skills as requested by the children.

This one hour every Wednesday is a great way to boost your University application or CV if you want to build a career as a teacher or working with children.



Activities undertaken at school are also supported/guided by Loreto and MMU.



PERFORMING ARTS ENRICHMENT

COLLEGE MUSICAL

Each year Loreto stages full-scale musicals in our Ellis and Kennedy Theatre. *This year we are staging The Addams Family!* Students can get involved on stage or behind the scenes, if performing isn't your thing, in what promises to be a sell out production!

Rehearsals are held after College, so won't affect your timetable!



PIANO ENSEMBLE



CHAMBER CHOIR



WIND ENSEMBLE



ROCK BAND



✓ State of the Art Recording Studio

✓ Music and Video Editing Suite

- ✓ Music Theory
- ✓ 1-1 Music Lessons
- ✓ Opportunity to perform at venues across Manchester
- ✓ Perform at College events
- ✓ Open to all students – even if you are not studying Music!



Creative Dance is an exciting opportunity for students to use their dance training to achieve a qualification in performance and choreography.

Taking place in our purpose-built dance studio, you will have the opportunity to study towards a recognised additional qualification in Creative Dance.

Speak to the Theatre & Drama team at Enrolment for more information

LAMDA

London Academy of Music and Dramatic Arts (LAMDA) exams are a 1 hour, weekly session where you will receive one to one performance tuition from an acting coach to prepare for acting exams at Grades 6, 7 or 8 (bronze, silver or gold).

The exams accrue UCAS Points too, a great bonus!

Speak to Ms Norbury or Mr Price in Performing Arts for more information.

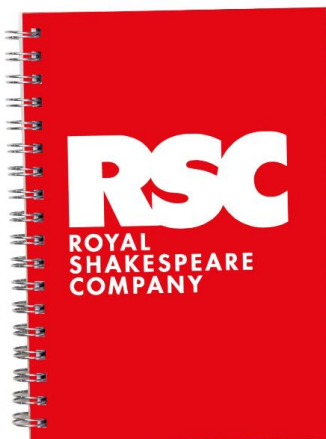
THEATRE AND PLAY READING CLUB

**New to 2022 for
students interested in
reading drama.**

We will be reading different plays together. We will discuss how the playwrights' choices about themes, characters and plot make us feel.

**A perfect opportunity to
read plays for pleasure!**

**National
Theatre**



TECHNICAL THEATRE

Ever wanted to operate, programme, and design lighting for shows? You can learn how with our state of the art facilities and expert guidance you will learn how to use all the technical theatre equipment.

Please contact ajacklin@loreto.ac.uk for more information.



COMPETITIVE SPORT

BASKETBALL at Loreto is played at a high standard. The Men's and Women's Academy teams play in the Elite Academy Basketball Leagues, against some of the best players in the country. But we also have a 2nd team, who play in the AoC North West league against local colleges.

FOOTBALL TEAM (M) College has two men's football teams who play in the North West College's League on a Wednesday afternoon. The team trains once a week and plays games weekly.

FOOTBALL TEAM (F) Have you been inspired by the European Championship, held in the UK, and what to get involved? The Women's Football Team play in the NW College's League against other sixth forms. Games held weekly on Wednesday afternoons.

CRICKET TEAM Students train weekly throughout the year with team nets or skills practices, competing in indoor competitions in the first two terms and then in outdoor full sided games during summer.

For 2022-2023 we have hugely increased our Sports offering and welcome all students to engage with sport: whether at a competitive or social level.

SOCIAL SPORT

BADMINTON SOCIAL sessions are fun based and suitable for all abilities. If you want a chance to develop your badminton skills or just to play for fun against your friends, this session is for you.

BASKETBALL SOCIAL Do you like playing basketball, but don't want to play for a team... then these sessions are for you. A chance to play for fun, whilst receiving coaching and guidance from talented sports coaches to develop your skills!

BOXERCISE (M/F) is an exercise concept based on the training methods used by boxers. It is a fun, challenging and safe workout which is great for stress busting and accessible for all fitness levels. No classes involve hitting an opponent.

CIRCUIT TRAINING (M/F) You won't be bored when you do circuit training. This session will get your heart rate up and strengthen muscles at the same time. You'll move quickly through exercise stations to work different muscle groups with a short rest between stations.

HANDBALL Handball has been described as football with hands, water-polo without the water and basketball with nets. What it is, is the most exciting, high scoring and action packed team sport that can be played anywhere, by anyone, give it ago!

5-A-SIDE (M/F) If you like playing football, but don't want to play competitively we have lots of opportunities to play 5-A-Side throughout the week. You can develop your skills or just have a knock about with your friends.

RESISTANCE BANDS/KETTLE BELLS If there are two breakout stars of working out at home, they are kettlebells and resistance bands. Both are versatile pieces of strength-training equipment that can be incorporated into just about any exercise for a full-body workout, whatever your levels of fitness.

RUGBY sessions focused on developing your rugby skills, using small sided games, drills and tag rugby sessions, all abilities are welcome.

SOCIAL CRICKET A fun session which gives you an opportunity to bat, bowl and field across all the different forms of cricket.

SPORT ENRICHMENT

TABLE TENNIS sessions are a fun and friendly gateway to meet new people and participate in a light-hearted sport. Table tennis sessions are open for anyone to attend and are inclusive of all abilities.

VOLLEYBALL (F/MIXED) welcomes players of all abilities, with many players trying the sport for the first time, quickly learning the basics to become competent players. For those who have played before or who are interested in playing for a team, the College compete in regular games against other colleges.

WOMEN'S FITNESS This female only course is designed for those of you wishing to participate in some physical fitness based activity in an all-female environment. There will be whole class sessions as well as times to work on your individual fitness goals. To take part in this course you must be enthusiastic and committed as well as willing to try new things.

YOGA gives you the opportunity to take time out and focus on just being the self. Practicing yoga builds both physical and mental strength and flexibility.

GENERAL ENRICHMENT

Click the Enrichment Group for more information..

Monday	09.00 – 10.15	10.30 – 11.35 <div><div></div> Road Users</div> <div><div></div> CISI (P1)</div>	11.35 – 12.30 Tutor Time A or LUNCH	12.30 – 1.25 Tutor Time B or LUNCH	1.30 – 2.40	2.50 – 4.00 <div><div></div> MANGA Appreciation Group</div> <div><div></div> We Call the Shots</div>	After College 4-5pm	
Tuesday	09.00 – 10.15	10.30 – 11.45	Meeting Time	12.00 – 1.05 <div><div></div> Speak Up</div> <div><div></div> Mint Art Collective</div> <div><div></div> Create A Space</div> <div><div></div> Natural Science Society</div>	1.05 – 1.50 LUNCH	1.50 – 2.50 <div><div></div> Create A Space</div>	3.00 – 4.00	After College 4-5pm
Wednesday	09.00 – 10.15 <div><div></div> Future You with NCS and Edgehill</div>	10.30 – 11.45 <div><div></div> Hire Power with UA92</div> <div><div></div> TV Studies</div>	11.45 – 12.00 Tutor Time B	12.00 – 1.05 <div><div></div> Creative Writing</div> <div><div></div> Book Club</div> <div><div></div> Webster Project</div> <div><div></div> Carbon Literacy Project</div> <div><div></div> MEDSOC (P1)</div> <div><div></div> Environment Group</div> <div><div></div> JPIC</div>	1.05 – 1.50 LUNCH <div><div></div> MEDSOC</div>	1.50 – 2.50 <div><div></div> Fake News</div>	3.00 – 4.00	After College 4-5pm
Thursday	09.00 – 10.15	10.30 – 11.45 <div><div></div> Natural Science Society</div> <div><div></div> CISI</div>	11.45 – 12.00 Tutor Time A	12.00 – 1.05 <div><div></div> Presentation & Public Speaking</div> <div><div></div> Loreto Volunteers</div> <div><div></div> Carbon Literacy Project</div>	1.05 – 1.50 LUNCH	1.50 – 2.50 <div><div></div> Coding Club</div> <div><div></div> MFL Film Club</div>	3.00 – 4.00 <div><div></div> Coding Club</div> <div><div></div> Law Society</div> <div><div></div> MFL Film Club</div>	After College 4-5pm
Friday	09.00 – 10.15 <div><div></div> Maths Outreach (P1)</div>	10.30 – 11.45 <div><div></div> Maths Outreach (P2)</div> <div><div></div> Road Users</div> <div><div></div> Get Into Teaching</div>		12.00 – 1.05	1.05 – 1.50 LUNCH	1.50 – 2.50	3.00 – 4.00	After College 4-5pm

PERFORMINGARTSENRICHMENT

Click the Enrichment Group for more information..

Monday	09.00 – 10.15	10.30 – 11.35 <div><input type="checkbox"/> Dance Enrichment</div>	11.35 – 12.30 Tutor Time A or LUNCH	12.30 – 1.25 Tutor Time B or LUNCH		1.30 – 2.40 <div><input type="checkbox"/> Music Theory <input type="checkbox"/> Dance Enrichment</div>	2.50 – 4.00 <div><input type="checkbox"/> Technical Theatre <input type="checkbox"/> Theatre and Play Reading Club <input type="checkbox"/> Music Theory <input type="checkbox"/> Dance Enrichment</div>	After College 4-5pm <div><input type="checkbox"/> College Productions <input type="checkbox"/> String Ensemble <input type="checkbox"/> Jazz Band</div>	
Tuesday	09.00 – 10.15	10.30 – 11.45 <div><input type="checkbox"/> LAMDA</div>	Meeting Time	12.00 – 1.05 <div><input type="checkbox"/> LAMDA</div>		1.05 – 1.50 LUNCH <div><input type="checkbox"/> College Choir</div>	1.50 – 2.50 <div><input type="checkbox"/> Rock School Band</div>	3.00 – 4.00 <div><input type="checkbox"/> Rock School Band (sign up at Freshers’)</div>	After College 4-5pm <div><input type="checkbox"/> LAMDA <input type="checkbox"/> College Productions</div>
Wednesday	09.00 – 10.15	10.30 – 11.45	11.45 – 12.00 Tutor Time B	12.00 – 1.05 <div><input type="checkbox"/> Music Theory</div>		1.05 – 1.50 LUNCH <div><input type="checkbox"/> Wind Ensemble</div>	1.50 – 2.50	3.00 – 4.00	After College 4-5pm <div><input type="checkbox"/> College Productions</div>
Thursday	09.00 – 10.15 Rock School Production	10.30 – 11.45	11.45 – 12.00 Tutor Time A	12.00 – 1.05 <div><input type="checkbox"/> Rock School Band</div>		1.05 – 1.50 LUNCH <div><input type="checkbox"/> College Choir</div>	1.50 – 2.50 <div><input type="checkbox"/> Rock School Band</div>	3.00 – 4.00	After College 4-5pm
Friday	09.00 – 10.15	10.30 – 11.45		12.00 – 1.05 <div><input type="checkbox"/> Pop Music Theory</div>		1.05 – 1.50 LUNCH <div><input type="checkbox"/> Pop Choir</div>	1.50 – 2.50	3.00 – 4.00	After College 4-5pm

SPORTSENRICHMENT

Social Sports are available to all, regardless of ability or skill level.
College Teams are selected following try outs in September, register your interest at Enrolment.

Monday	09.00 – 10.15 <div>❑ Table Tennis</div>	10.30 – 11.35 <div>❑ Table Tennis</div>	11.35 – 12.30 <div>Tutor Time A or LUNCH</div>		12.30 – 1.25 <div>Tutor Time B or LUNCH</div>	1.30 – 2.40 <div>❑ Rugby ❑ Volleyball (F)</div>	2.50 – 4.00 <div>❑ Rugby ❑ Volleyball (F)</div>	After College 4-5pm
Tuesday	09.00 – 10.15 <div>❑ Women's Basketball (Social)</div>	10.30 – 11.45 <div>❑ Men's Basketball (Social)</div>	Meeting Time	12.00 – 1.05 <div>❑ Resistance Bands/Kettle Bells</div>	1.05 – 1.50 LUNCH	1.50 – 2.50 <div>❑ Volleyball (Mixed)</div>	3.00 – 4.00 <div>❑ Handball</div>	After College 4-5pm <div>❑ Basketball 2nd Team</div> <div>❑ Football Team Training</div>
Wednesday	09.00 – 10.15 <div>❑ Boxercise (M) ❑ Cricket (Social)</div>	10.30 – 11.45 <div>❑ Boxercise (F)</div>	11.45 – 12.00 Tutor Time B	12.00 – 1.05 <div>❑ Handball ❑ Women's Fitness</div>	1.05 – 1.50 LUNCH <div>❑ Basketball 2nd Team</div> <div>❑ Basketball 1st Team</div>	1.50 – 2.50 <div>❑ Five A Side (M) ❑ Football Men Team ❑ Women's Basketball Team</div> <div>❑ Women's Football Team</div>	3.00 – 4.00 <div>❑ Basketball 2nd Team ❑ Basketball 1st Team ❑ Five A Side (M) ❑ Football Men</div> <div>❑ Women's Basketball ❑ Women's Football</div>	After College 4-5pm <div>❑ Cricket Team</div>
Thursday	09.00 – 10.15 <div>❑ Women's Fitness</div>	10.30 – 11.45 <div>❑ Yoga</div>	11.45 – 12.00 Tutor Time A	12.00 – 1.05 <div>❑ Badminton Social</div>	1.05 – 1.50 LUNCH <div>❑ Badminton Social</div>	1.50 – 2.50 <div>❑ Circuit Training (M)</div>	3.00 – 4.00 <div>❑ Circuit Training (F)</div>	After College 4-5pm
Friday	09.00 – 10.15 <div>❑ Five A Side (M)</div>	10.30 – 11.45 <div>❑ Five-A-Side (F)</div>		12.00 – 1.05 <div>❑ Badminton Social</div>	1.05 – 1.50 LUNCH <div>❑ Badminton Social</div>	1.50 – 2.50 <div>❑ Table Tennis</div>	3.00 – 4.00 <div>❑ Table Tennis</div>	After College 4-5pm



Next Steps:

- **Take some time to consider your Enrichment choices.**
- **Research your interests/email Enrichment!**
- **Have a back up choice – just in case!**

Enjoy your Summer, and we'll see you for Enrolment in August!

If you have any questions in the meantime regarding Enrichment, contact Ms Johnson on enrichment@loreto.ac.uk